

Research on Humanistic Quality Cultivation of College Students in Chinese Language and Literature Education

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Abstract: Under the background of complex and changeable social environment, many college students' values have been impacted. Due to the lack of correct teaching concepts and neglect of the cultivation of humanistic quality education, the current situation of humanistic quality of college students is worrying, characterized by lack of perfect personality, corrupt of ideological concept and short of ideal belief. Chinese language and literature education is the main approach to improve the humanistic quality of college students. In view of the above problems, this paper puts forward the strategies of cultivating college student's humanistic quality in Chinese language and literature education, which can provide some references for the relevant researchers.

1. Introduction

Chinese Language and Literature is an important course. To set up this course is not only to enable contemporary college students to have a systematic knowledge system and know more about Chinese Language and Literature, but also to enable contemporary college students to be edified by excellent literary works and to cultivate their humanistic feelings and literacy. College students are in the critical stage of value formation. In the process of learning Chinese language and literature, they can contact more excellent literary works, discuss with teachers and teachers in depth, express their own views, write commentary articles, cultivate solid language and language skills, and cultivate speculative ability. As a kind of traditional Chinese education, Chinese language and literature plays an important role in cultivating student's sentiment and improving their humanistic quality. Humanistic quality is related to all aspects of a person's life and learning. Nowadays, the society demands higher and higher comprehensive quality of graduates. Humanistic quality is the key. Therefore, it is quite necessary to learn from Chinese language and literature. Moreover, Chinese language and literature can also cultivate students' sentiment and cultivate their humanistic feelings. And humanistic sentiment and feelings are an important manifestation of quality life [1]. College students can cultivate their love for life and culture through extensive reading, alleviate learning pressure, and cultivate their ability and quality to taste life and be kind to others. Contemporary college students are facing a more complex employment situation. Employing units require graduates not only to have the ability to solve specific problems and practical operation ability, but also to have a higher comprehensive quality. Therefore, we must give full play to the role of Chinese language and literature in educating the humanistic quality of college students and improve the humanistic quality of contemporary college students [2].

2. Current Situation of Humanistic Quality of University Students

2.1 Lack of Perfect Personality.

Personality defect is a kind of unhealthy personality between normal personality and personality disorder [3]. The typical manifestations of personality defect are inferiority, depression, isolation, pessimism and cowardice. The formation of personality defect of college students is largely due to the

influence of social factors and family factors, lack of good communication opportunities, unable to answer the inner problems in time, and ultimately lead to personality defect. Personality defect has a serious impact on college student's life and learning, interpersonal relationship cannot be effectively maintained, lack of interest in public activities, poor psychological endurance of some students, and even the act of neglect of life due to lovelorn, which not only has a very bad social impact, but also on other people's personal safety structure. A certain harm. At present, many learners lack rational thinking and judgment about the right and wrong in society, lack independent thinking, and pay more attention to the pursuit of self-interest. In addition, influenced by foreign cultures in the West, many uncivilized and undesirable actions appear frequently in life and learning, which seriously affects their healthy growth. In addition, the poor psychological endurance and weak will make some learners in life encounter various difficulties or accept some attacks, will be depressed, and even embark on the road of crime. The degeneration of thought has caused some learners to go astray. This is the sadness of education and the sadness of society. After entering the campus, some college students gradually produce unhealthy psychology of comparison because of the influence of the surrounding environment. Some college students feel confused and overwhelmed when they encounter problems because they have just left their parents' control and have poor self-control ability. These are the concrete embodiment of College Students' lack of humanistic quality.

2.2 Corrupt of Ideological Concept.

For College students, professional technical knowledge is an important driving force for social construction and national development. College students should have sound personality and good humanistic quality, and realize their personal value with the help of professional knowledge and ability. However, as far as the current college students in China are concerned, due to the influence of unhealthy social atmosphere and concepts, the ideological aspects of college students are seriously corrupted, their values are distorted, and their ideas are gradually corrupted. Finally, the college students are gradually becoming the focus of popular discussion, and the female students are packed. Nurturing, showing off wealth and gathering people to fight occasionally lead to more and more doubts about higher education and management, and the overall image of college students has changed accordingly. For a student, the most important thing should be the learning task, but there are various problems in most colleges and universities in our country. For example, when college students are not good at learning knowledge and training their own skills, there are some phenomena such as comparing, showing off their wealth, and even being taken care of. More and more students are caught up in this bad mentality, although it is mainly affected by some bad mentality in society. College students are vulnerable to the influence of social atmosphere. Contemporary college students grew up in the Internet age. Life and learning are closely related to the Internet. However, the network itself has vitality, complexity and openness. Some bad ideas in the network can easily poison the soul of College students. However, college students have less contact with society and lack of firm ideals and beliefs. They are easily corrupted by the bad atmosphere of individualism, money worship and hedonism in the network, which will not only delay their studies, but also cause distortion and degeneration of values. In recent years, it can be found that many college students in order to compare the pleasure of blind loans, and ultimately lead to tragedy. This also causes the society to question the overall image of university students.

2.3 Short of Ideal Belief.

As college students are in the age of twenty, they should have abundant vitality, positive attitude towards life, lofty ideals and ambitions, and be willing to accept new things, and constantly enrich their learning life. However, nowadays, college students have a serious lack of ideals. After they cross the university, they should have planned their own life path, established their own goals, and made continuous progress towards their own ideals. However, a large number of college students feel more and more confused, more and more idle and depressed, which has become the spoken language of college students. The recreation and time play become the main work of students, and their ideals are gradually forgotten and forgotten by students. The lack of ideals makes college students gradually

indifferent to future development, leading to their college life in games and confusion, and only after graduation, they suddenly realize. College students are basically in their twenties. In their youth, they should have infinite vitality and positive learning attitude, plan their life reasonably, and constantly enrich their college life and the pleasure of life. However, in many colleges and universities in our country, there is a phenomenon of the lack of ideals of College students. College students are not concerned about their future life development, nor do they have any plans, nor do they set up their own goals, resulting in the lazy life and learning of most students, an indifferent look. Of course, it is the students themselves who are most affected. If they fail to set up the goal of life, they will inevitably feel confused about their future prospects and be at a loss in their study and life. This phenomenon is also attributed to the fact that the school has not carried out humanistic quality education for college students, resulting in the ignorance of the future development [4].

3. Countermeasures of Humanistic Quality Cultivation of University Students in Chinese Language and Literature Education

3.1 Enhance Subject Status.

As the core course of humanities, Chinese language and literature education has very important value and function. However, some modern universities still fail to fully understand the importance of this humanities education. Therefore, we should enhance our understanding and pay more attention to the teaching of Chinese language and literature in the humanities. We should know that humanities can enrich people's spiritual life, and sometimes even enrich people's pockets. Humanities education helps to improve student's communication and interpersonal skills. In the workplace, this ability can bring huge returns, especially when it works with technical ability. In the teaching of Chinese language and literature, students can acquire quite useful literary knowledge and language expression skills. In addition, the society needs people who are familiar with the humanities to help make wise public policy decisions. Whatever profession people pursue, their happiness depends largely on how they communicate with the people around them. Reading literature helps to improve eq. All these indicate that earning Chinese language and literature is not only the need of their own development in the future, but also the requirement of improving their own cultural level and literary literacy.

3.2 Cultivate Excellent Teachers.

Teachers themselves must have a strong literary literacy, in order to be able to brilliantly teach in class, fully attract the attention of learners. Teachers must constantly learn in their daily life, constantly enrich their knowledge system, and participate in teaching training regularly or irregularly. At the same time, the school often employs some Chinese language and literature experts to give lectures in the school, which can not only enable teachers to actively learn, but also enhance the enthusiasm of learners to learn this course. The quality of teaching is closely related to the level of teachers' teaching. As we all know, different teachers teach the same article, the effect is different. Chinese language and culture education itself require teachers to have a high literary literacy and a profound knowledge system, so it has a high demand for teaching ability. Choosing excellent and professional teachers can improve student's enthusiasm for learning, strengthen the efficiency of classroom teaching and better control classroom teaching. Through research, we find that most excellent teachers are mostly excellent. Therefore, in order to improve students' humanistic quality and comprehensive ability, it is particularly important for outstanding teachers to teach.

3.3 Strengthen Content Selection.

Teaching content is the main manifestation of teaching objectives. Rational selection of teaching content will ensure the practical role of Chinese language and literature teaching and promote the improvement of student's humanistic quality. Chinese language and literature are an important subject in college language and literature education. Chinese language and literature cover a wide range and comprehensive content. In order to ensure the actual teaching effect, it is necessary to

screen and add targeted. Moreover, the teaching content of Chinese language and literature should meet the student's interests and needs as far as possible, and screen the teaching content according to the students' interests and hobbies, so as to enhance the learning enthusiasm. In universities, most of the Chinese language and literature is an elective course. How to make students improve their interest in learning, and the contents of textbooks are exquisite. Therefore, the choice of teaching should be done well. For example, in the process of teaching, for some bitter and difficult articles, we can choose or reject, expand the content of interest, fully allow students to participate in the discussion, stimulate students' creativity. Let the students choose the Chinese language teaching content which can best represent the national spirit and the excellent cultural tradition of the Chinese nation, and impart it to the students and pass it on. Chinese Language and Literature is an important subject in college language and literature. It has a wide range and full content. Therefore, in order to ensure the teaching effect, it is necessary to screen the teaching content to improve student's interest and enthusiasm in learning. We should add more literary works that can inspire college students in the course of Chinese Language and Literature, especially more excellent modern and contemporary literary works as supplementary content.

3.4 Conduct After-class activities.

In the actual teaching process, teachers should strengthen the formulation of teaching activities, so as to cultivate student's sound personality. Therefore, in the teaching of Chinese Language and Literature, we can organize more teaching activities, such as speech contest, poetry contest and scene teaching, so that students can actively carry out related exchange activities, exchange and communicate in the process of learning and knowledge consolidation, eliminate student's unhealthy psychological problems, and promote students' healthy growth. At present, there are some shortcomings in college student's 'personality, which have a certain impact on their study and life, and are extremely unfavorable to their future development. Therefore, in the actual teaching process, we should strengthen the formulation of teaching activities to cultivate sound personality for students. For example, some ancient poems full of positive energy can be fully rendered, and students can also explore the author's other poems, comparative learning. At the same time, the protagonist's life stories, the political life of the years involved, can be expanded to explain, so that students are full of curiosity, thus arousing a stronger desire for learning. Therefore, in the teaching of Chinese language and literature, we can organize more teaching activities, such as speech contest, poetry contest and scene teaching, so that students can actively carry out related exchange activities, exchange and communicate in the process of learning and knowledge consolidation, eliminate bad psychological problems, and promote students' healthy growth.

4. Conclusion

With the continuous popularization of education and teaching in China and the increasing number of University learners, the humanistic quality of learners has attracted widespread attention from all walks of life. Changing bad values and cultivating student's sound personality are the urgent issues in current higher education. Chinese language and literature education can not only enrich the knowledge system, but also help learners establish correct value orientation and improve their humanistic quality.

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